

**NORTH CHEYENNE CANYON TRAIL:** (Seven Bridges—Forest Service Trail #622) The trail begins off of Gold Camp Rd. (FDR 370) and ends in Frosty Park on FDR 379. To get to the trailhead from Colorado Springs, take Cheyenne Blvd. to North Cheyenne Canyon Rd. to Gold Camp Rd. about 1 mile past the intersection of N. Cheyenne Canyon Rd., Gold Camp Rd. and High Drive. The trail is 4 miles in length and there is an elevation change of 2,000 feet. It is considered moderately difficult. Camping is permitted at undeveloped sites along the trail. Drinking water is not available, so hikers are advised to bring an adequate supply. Parts of this trail are open to motorized vehicles.