

SEVEN BRIDGES TRAIL: From I-25 take the Nevada Ave. exit, go south on Nevada under a mile and turn right (SW) on Cheyenne Blvd. Go about 3 miles and turn right at the Starsmore Discovery Center onto N. Cheyenne Canyon Rd. which winds through a box canyon for a couple miles and passes Helen Hunt Falls. Continue past the falls until the pavement ends and park in the large dirt parking lot on your left. The trail starts at the metal gate at the west end of the lot. This is an easy trail.