

MANITOU PARK BICYCLE TRAIL: (Forest Service Trail #704) Drive west on Hwy 24 through Woodland Park. Turn north on Hwy 67. Go 6 miles to South Meadows Campground. The trailhead starts at the campground and travels an easy 2.1 miles to the Manitou Lake Picnic Ground. The trail leads through some willows and a creek area where beaver activity may be observed. There is also a short spur trail that goes to the Painted Rocks Campground.